

Remote Learning Checklist

Before you start:

- Dress according to the school dress code
- Find a well-lit space so your face is seen
- Make your background neat and tidy
- Make sure your audio and camera are on
- Sit up and show attentive body language
- Look at yourself on camera to make sure others can see you



Once the session starts, be responsible in words and actions.

- Pay attention to when you can talk and when you should listen.
- When it's time to share, acknowledge what others have said and share your thoughts.
- Reduce your movements. Resist the urge to move around or fidget.
- Nod when you agree with people. It's nice for others to see you are connecting with their ideas.

